

# JOHNNIE COLEMON THEOLOGICAL SEMINARY

## THE POWER OF INTENTION

Text: THE POWER OF INTENTION: *Learning to Co-create Your World Your Way* – Wayne Dyer

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### Chapter 1: Viewing Intention From A New Perspective

- I. Intention – a strong purpose or aim, accompanied by a determination to produce a desired result.
- II. People driven by intention are described as having a strong will that won't permit anything to interfere with achieving their inner desire.
- III. Cassandra's words were: "Intent is a force that exists in the universe when those who live of the Source beckon intent, it comes up to them and sets up the path for attainment, which means that sorcerers always accomplish what they set out to do.
- IV. Four steps to Intention
  - A. Discipline – Training your body to perform as your thoughts desire.
  - B. Wisdom – The ability to focus and be patient as you harmonize your thought, your intellect and your feelings with the work of your body.
  - C. Love – Loving what you do and doing what you love.
  - D. Surrender – This is the place of intention where your body and your mind aren't running the show.

### Chapter 2: The Seven Faces Of Intention

- I. The face of creativity. The power of intention has to be creative or nothing would come into existence.
- II. The face of kindness. Any power that has, as its inherent nature, the need to create...must also be a kindly power. Choosing to be kind is a choice to have the power of intention active in your life.
- III. The face of love. When higher energies occupy the same field as lower energies, the lower energies convert to higher energies.
- IV. The face of beauty. Beautiful thoughts build a beautiful soul. As you become receptive to seeing and feeling beauty around you, you are becoming attuned

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to the creative power of intention within everything in the natural world, including yourself.

- V. The face of expansion. Spirit is a forming power. It has the principle of increase, meaning that life continues to expand toward more.
- VI. The face of unlimited abundance...is an expression of something that has no boundaries, is everywhere at once...it is not just huge, it never stops.
- VII. The face of receptivity. No one and nothing is rejected by the receptive face of intention.

### Chapter 3: Connecting to Intention

- I. The way to establish a relationship with spirit and access the power of creating principle is to continuously contemplate yourself as being surrounded by the condition you wish to produce.
- II. Your will power is so much less effective than your imagination, which is your link to the power of intention.
- III. The seven faces for connecting to intention:
  - A. Be creative, means giving form to your personal intentions.
  - B. Be kind. In order to reconnect to intention, you must be on the same kindness wave length as intention itself.
  - C. Be love. You must learn to be like the energy that allowed you to be in the first place.
  - D. Be beauty. “Beauty is not caused, it is.”
  - E. Be ever-expansive. By being in an ever-expanding state and growing intellectually, emotionally, and spiritually, you are identifying with the universal mind.

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- F. Be abundant. There is no scarcity in the universal invisible world of Spirit.
- G. Be receptive. This means allowing your “senior partner” to handle your life for you.

### Chapter 4: Obstacles To Connecting To Intention

- I. Learning to identify ways in which you are creating your own obstacles is tremendously enlightening.
- II. Your ability to activate the power of intention in your life depends on your matching up with the creative Source of all life.
- III. Your inner speech – match or no match.
- IV. Your level of energy – match or no match.
- V. Your self-importance. Seven steps for overcoming ego’s hold on you.
  - A. Stop being offended.
  - B. Let go of your need to win.
  - C. Let go of your need to be right.
  - D. Let go of your need to be superior.
  - E. Let go of your need to have more.
  - F. Let go of identifying yourself on the basis of your possessions.
  - G. Let go of your reputation.

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### Chapter 5: Your Impact On Others When Connected To Intention

- I. As you find yourself being more in harmony with the faces of intention, you are going to discover that you will be impacting others in new ways.
- II. You will begin to see in others what you are feeling with yourself.
- III. Whatever others want, want it for them so strongly that you disperse this energy outward.
- IV. You have a responsibility to the entire human family to stay connected to intention. “We must be the change we wish to see in the world”. (Gandhi)

### Chapter 6: Intention And Infinity

- I. Anything you experience as other than eternal is simply not life.
- II. Distinctions between those who live in the active side of infinity and those who deny their eternal nature.
  - A. A sense of destiny
  - B. A sense of the possible
  - C. A sense of awe
  - D. A sense of humility
  - E. A sense of generosity
  - F. A sense of knowing
  - G. A sense of passion
  - H. A sense of belonging

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### **Chapter 7: It Is My Intention To: Respect Myself At All Times**

- I. You are a piece of God...when you love and trust yourself, you are loving and trusting the wisdom that created you.
- II. Disrespect alone is sufficient to impede the arrival of your intentions into your life.
- III. Whatever attitude you have about the world in general is a good indicator of the respect you have for your abilities to intend into this world what you desire you attract into your life what you feel inside.
- IV. Self respect attracts the higher energy.

### **Chapter 8: It Is My Intention To: Live My Life On Purpose**

- I. Dr. Abraham Maslow discovered that those who feel purposeful are living the highest qualities that humanity has to offer.
- II. You will feel most on purpose when you are giving your life away by serving others.
- III. Incorporate the 10 ways to practice fulfilling your intention to live your life on purpose.

### **Chapter 9: It Is My Intention To: Be Authentic and Peaceful With All Of My Relatives**

- I. You have taught people how to treat you as a result of your willingness to make their opinions of you more important than your own.
- II. When you begin practicing the intention to be authentic and peaceful, you withdraw your consent to be in the lower energy. You connect to peace itself and decide to bring peace to your relatives.

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Ten steps to make the stated intention a reality:

1. Identify your intention verbally and in writing and develop a deep yearning for it.
2. Intend for all of your relatives what you intend for yourself.
3. Be the peace you are seeking from others.
4. Match up with the seven faces of intention. It is creative, kind, loving, beautiful, always expending, endlessly abundant, and receptive to all life.
5. Review all the obstacles that have been erected on your path to familial peace.
6. Begin the process of acting if what you intend to manifest is already true.
7. Detach from the outcome.
8. Affirm: I attract only peace into my life.
9. Hold no grudges; and practice forgiveness.
10. Be in a state of gratitude.

### **Chapter 10: It Is My Intention To: Feel Successful And Attract Abundance Into My Life.**

- I. The power of intention is perpetually giving and infinite, so it seems obvious that you will need to adopt these same two attributes if you are to fulfill your own personal intention to live successfully and attract abundance into your life.
- II. Since your Source is always serving and giving and you are your source, then you must be always in a state of serving and giving.

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- III. Get rid of the concept of shortages. The creative Source reacts to your belief in shortages with a fulfillment of your belief.
- IV. Anything that inhibits the flow of energy stops the creating process of intention right where the obstacle is erected.
- V. Nothing can stop it (abundance) from coming into your life except any resistance you place in its way.

### **Chapter 11: It Is My Intention To: Live A Stress-Free Tranquil Life**

- I. When you are in a state of joy and happiness, you are returned to the pure, creative, blissful, nonjudgmental joy that intention truly is. Your natural state.
- II. There is nothing natural about living a life filled with stress and anxiety.
- III. Stress is familiar and tranquility is unfamiliar, so ego desires stress. But there is no actual stress or anxiety in the world; it's your thoughts that create these false beliefs.
- IV. You are an aspect of the power of intention, dressed in a physical human body intended to experience and enjoy life on Earth. This is the intention that you want to bring to the presence of stress.
- V. To fulfill the intention of this chapter...you must become conscious of the need to activate thought responses that match your intention.

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### **Chapter 12: It Is My Intention To: Attract Ideal People And Divine Relationships**

- I. If you commit yourself to matching up with the field of intention, everyone you desire or need to fulfill your personal intention will appear.
- II. Love can only be attracted and returned by love.
- III. If a friendship or partnership requires the submission of your higher original nature and dignity, it's simply wrong.
- IV. The immediate result of infinite patience is the inner peace that comes from knowing that I have a senior partner who will either send me someone, or leave me alone to work it out myself. That is called practical faith.

### **Chapter 13: It Is My Intention To: Optimize My Capacity To Heal And Be Healed**

- I. Every person on the planet has within them the potential to be a healer.
- II. “Be the change that you wish to see in others.” Gandhi – You must focus on healing yourself so you will have this healing ability to offer others.
- III. Reconnect to the disease-free loving perfection from which you came. You must notice your thoughts and behaviors which are creating resistance and interfering with healing.
- IV. In every studied case of recovery from hopelessness and untreatable disease, there has been a major shift in consciousness, so that the attractor patterns that resulted in the pathologic process no longer dominated.

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### **Chapter 14: My Intention To Appreciate And Express The Genius That I Am**

- I. A universal characteristic of genius is humility. The genius has always attributed his insights to some higher influence.
- II. Genius means little more than the faculty of perceiving in an unhabitual way...you have to peel away your old habits of thoughts.
- III. Every person you interact with should feel the inner glow that comes from being appreciated, particularly for the ways in which they express their creativity.
- IV. Uncomplicate your life as much as possible. Genius thrives in a contemplative environment. The genius in you is not seeking confirmation from others, but quiet space for its ideas to blossom.

### **Chapter 15: A Portrait Of A Person Connected To The Field Of Intention**

- I. Connectors are individuals who have made themselves available for success.
- II. It is impossible to get them to be pessimistic about achieving what they desire in their lives.
- III. Connectors speak from an inner conviction that communicates their profound and simple knowing that the universal Source supplies everything.