I. PROLOGUE

A. The purpose of this book is to acquaint you with the God in you.

B. There is a Power over and above the merely physical power of the mind or body, and through intense concentration or desire we can link up with that Power, and once we do, nothing will be impossible for us.

C. God gave man dominion, and he has only to understand that and then use this dominion to become the Master of his Fate, the Captain of his Soul.

II. CHAPTER ONE: THE GOD IN YOU

A. All people are born free and equal because they are born with equal access to God in themselves, equal chance to give Him means of expression.

B. We are. Each of us, individualized cells in the great Mind of the universe—the God Mind.

C. We can draw upon the Mind of the Universe in exactly the same way that any cell in our body draws from our brain for whatever it needs.

D. We are all free and equal nerve cells in the God-mind of the Universe.

E. All are born free and equal. All may not start with the same amount of wealth or opportunity immediately available to them, but all can go to the Source of these and get just as much of them as is necessary to satisfy their desires.
III. CHAPTER TWO: THE GOAL OF LIFE

A. After telling us repeatedly that everything reproduced after its own kind, the scriptures go on to say that God made man in His own image. That can mean only one thing—that man, too, is a God!

B. God gave man dominion over the “fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.

C. The goal of life has always been DOMINION—a means of overcoming all obstacles, of winning dominion over circumstances.

IV. CHAPTER THREE: YOUR MENTAL BROWNIES

A. Steps in building an intuitive consciousness.

1. Understanding the latent power within you and that you are capable of contacting the Intelligence which directs and animates all of the universe.

2. Have an earnest desire for spiritual growth.

3. Relax—let go and let God. Ask God, “Attend to this for me—work out the answer.”

B. Use your mental brownies. The smartest man in the world is the man inside.

V. CHAPTER FOUR: THE SEED OF LIFE

A. The secret of success lies in this: There is inside of you a Seed of God capable of drawing to you any element you need, to bring to fruition whatever good you desire.
B. You must put your whole dependence upon the infinite power of that Seed of God in you.

C. It is only when you conceive and start great projects impossible of attainment by you alone, that you call forth the power of the Seed of Life in you.

VI. CHAPTER FIVE: AFTER ITS KIND

A. Everything produces after its kind.

B. You have to sow before you can reap. You have to give before you can get.

C. God incarnates Himself through you. But he cannot be shut up.

D. So, when a talent is given you, don’t try to hide it away or bury it.

VII. CHAPTER SIX: HOW TO DEVELOP FAITH POWER FOR SUCCESSFUL LIVING

A. In the ordinary affairs of life and action you act according to Faith.

B. Without the confident Expectation of Faith, there will be no kindling of the flame of Insistent Desire—no application of the steel of Persistent Determination.

C. Faith is the underlying principle of that remarkable quality of the human mind which is known as enthusiasm.

D. When you find the I AM within you, you have found your real self.

E. Those persons who succeed in life are those who have a deep intuitive Faith in themselves.
VIII. CHAPTER SEVEN: THE INFINITE LOVES YOU

A. Emerson said, “You cannot escape your own good.”

B. Prentice Mulford said, “The Supreme Power has us in its charge, ...all things have Good or God in them, and all things, when recognized by us as parts of God, must work for our good.”

C. There exists a greater underlying Something that is beneficent and well-disposed towards you, and which tries to help, aid, and assist you whenever and wherever it can do so.

IX. CHAPTER EIGHT: THE LAW OF INCREASE

A. There is one unfailing Law of Increase—“Whatever is praised and blessed, MULTIPLIES!”

B. Like attracts like. Praise and Appreciation bring back greater Praise and Appreciation.

X. CHAPTER NINE: IN THE BEGINNING

A. In Everything that God created, the “word” came first—then the material form.

B. First the word (the mental image), then the creation.

XI. CHAPTER TEN: TREASURE MAPPING FOR SUPPLY

A. So many people have achieved success and happiness by making “treasure maps” to more easily visualize the things they wanted.
B. Whatever you can visualize—and BELIEVE in—you can accomplish.

XII. CHAPTER ELEVEN: “WANTED: RAIN!”
   A. We have to make known our need to God in prayer, ask His help, and then we have to believe He will give us what we need.
   B. “In the heart of man a cry, in the heart of God supply.”

XIII. CHAPTER TWELVE: CATALYSTS OF POWER
   A. In chemistry, a catalyst is a substance that when added to other substances releases massive amounts of power without losing any power of its own.
   B. When you unite with others in prayer and meditation, and focus your thoughts in the same direction, you multiply the power of the prayer and the certainty of results.

XIV. CHAPTER THIRTEEN: THE FIRST COMMANDMENT
   A. According to the words of Jesus, the first and greatest commandment is: “Thou shalt love the Lord thy God with all thy heart and with all thy soul, and with all thy being...and the second is like unto it. Thou shalt love thy neighbor as thyself.”
   B. When you give out love, you make the world a happier place than you found it. When you do that, you cannot keep happiness from coming to you.
   C. Emerson said, “Love and you shall be loved.”
XV. CHAPTER FOURTEEN: THE THREE LAWS OF LIFE

A. There are three basic laws that govern success and everything that you do.

1. The Law of Averages: Man in the mass is really no better off than the animals, and his chances of success in life are just a little better off than one in a hundred.

2. The Law of Tendency: Man improves his chances of success by aligning himself with the LIFE-GIVING force of nature.

3. The Law of Capillary Attraction: Which is the power to draw unto yourself those things that are necessary for your growth and development. It is through this law, in combination with the Law of Tendency, that one is capable of rising above the Law of Averages to reach any height and attain any goal.

XVI. CHAPTER FIFTEEN: A PRAYER FOR WORK

A. If you are out of work at the moment, know that the Spirit of the Lord is upon you, directing you to your right work.

B. The Spirit of God goes before you to make plain your way. It works through you to make you efficient, successful, prosperous and of real worth to your employer and associates.

C. Start where you are. Distant fields look greener, but opportunity lies right where you are.

XVII. CHAPTER SIXTEEN: FIRST CAUSES

A. At the heart of you is a seed—the Seed of God, the Seed of Life.
B. It is a Seed of God that is in you, and there is NOTHING of good it cannot draw to you!

C. The primary cause is the Seed of God within you.

XVIII. CHAPTER SEVENTEEN: STRONG DESIRE ESSENTIAL TO SUCCESS

A. Every deed that we do, good or bad is prompted by Desire.

B. You can have or be anything that you want—if you only want it hard enough.

C. To “want a thing hard enough” is the equivalent to “paying the price” to get it.

XIX. CHAPTER EIGHTEEN: MAGNETIC POWER OF DESIRE

A. The strongest and most persistent desires of the individual tend to attract (to him) or (him to) that which is closely related to or correlated with those desires.

B. Desire power pushes, as truly as it pulls—it urges you forward as truly as it attracts things to you.

XX. CHAPTER NINETEEN: THE MASTER FORMULA FOR GETTING WHAT YOU WANT

A. There is a Master Formula for getting what you want.

B. You may have anything that you want provided you:

1. Know exactly what you want
2. Want it hard enough
3. Confidently expect to get it
4. Be persistent and determined to get it
5. Be willing to pay the price for its attainment

XXI. CHAPTER TWENTY: PUTTING POWER INTO YOUR DESIRE
A. Desire is the source from which all human action springs.
B. Desire power brings the powers of the subconscious mind into action for the purpose of manifesting and expressing one’s dominant desires.
C. Stimulated by desire power, the powers of the subconscious mind will work to attract (the individual to) the things, persons, conditions and circumstances that will enable the individual to manifest and express his dominant desires.

XXII. CHAPTER TWENTY-ONE: THE CREATIVE FORCE
A. The Creative Principle is your principle.
B. The creative principle of the universe is mind, and thought forms the molds in which its eternal energy takes shape.
C. The Creative Force working through you supplies you with limitless energy which will take whatever forms your mind demands.
D. All growth, all supply is from the Creative Force working through you.
XXIII. CHAPTER TWENTY-TWO: THE URGE

A. The real purpose of Life is expression, the constant urge onward and upward.

B. Every desire, every urge of your being, is the Creative Force straining at the bonds of repression that you have put upon it, straining for expression.

C. You can’t stand still. You can’t stop and smugly say “Look what I did yesterday, or last week, or last year”! It is what you are doing now that counts.

XXIV. CHAPTER TWENTY-THREE: THE MENTAL EQUIVALENT

A. The Mental Equivalent is your mental image of what you want in your life.

B. Whatever you want in your life, you must furnish a mental equivalent for it, and the thing must come to you.

C. The world is a looking glass, and it gives back to every person the reflection of his own thought.

XXV. CHAPTER TWENTY-FOUR: I AM

A. The two most important words in the English language are the words “I AM.” That is why the Ancients regarded these words as the secret name of God.
B. Your words are the forerunners of your circumstances. Be careful to speak only those words which you are willing to see take form in your life because “Thou shalt...decree a thing, and it shall be established unto thee.”

XXVI. CHAPTER TWENTY-FIVE: TALISMAN

A. There is no power in a talisman. The power is in you.

B. It is the faith and belief that you have in yourself that counts.

C. Start right in and do all the things that you feel you have in you to do. Ask permission of no one.

XXVII. CHAPTER TWENTY-SIX: THE PERFECT PATTERN

A. There is a perfect pattern for you in the Divine Mind. You can fill your mind with thoughts of its perfection, make it your dominant thought, and you can draw to yourself whatever elements you need to manifest that perfect image.

B. Emerson wrote that “Man contains all that is needed within himself...the purpose of life seems to be to acquaint man with himself, and the highest revelation is that God is in every man.”

XXVIII. CHAPTER TWENTY-SEVEN: TO HIM THAT HATH

A. Jesus gave us the Fundamental Law of Increase when He told us that “unto everyone that hath shall be given, and he shall have abundance, but from him that hath not shall be taken away even that which he hath.”
B. It is through the Parable of the Talents that we understand that it is not merely money or possessions that attract more money or possessions. It is the Use to which these are put. You can’t bury your talents and expect increase.

C. The penalty for not using your attractive powers is the loss of them. Use it or lose it.

XXIX. CHAPTER TWENTY-EIGHT: EVERYTHING HAS ITS PRICE

A. Everything has its price, and if the price is not paid—not the thing but something else is obtained.

B. It is impossible to get anything without its price. For any benefit received, a tax is levied. In nature, nothing can be given—all things are sold.

XXX. CHAPTER TWENTY-NINE: YESTERDAY ENDED LAST NIGHT

A. Don’t let anything that has happened in your life discourage you. Never let yesterday’s failures hold you back.

B. Yesterday ended last night

C. You can start over right now with what you have—right where you are.

XXXI. CHAPTER THIRTY: THE UNDYING FIRE

A. Love is the undying fire.

B. Love is the energy of life.
C. Love is giving. It cannot be jealous, for it seeks only the good of the one loved.

D. Love is never lost or wasted. It comes back just as surely as the morning sun—oftentimes not from the one to whom you sent it, but it comes back, nevertheless, blessed and amplified.

XXXII. CHAPTER THIRTY-ONE: PRAYER

A. “What things soever you ask for when you pray, believe that ye receive them, and ye shall have them.”

B. If you pray to God, but keep your mind or attention on your problem, you will still have a problem.

C. Prayer is a realization of your Oneness with God, and of the infinite power this gives you.

D. God always answers prayers.

XXXIII. CHAPTER THIRTY-TWO: P-R-A-I-S-E

A. If you remove the letter “P” from the word “Praise,” you are left with the word “Raise.”

B. To praise is to raise the spirits and the powers of the one being praised and the one giving praise.

C. The Kingdom of Heaven is the Kingdom of Expansion, and the way to expand what we have is through praise and thanksgiving for what we have. Start with what you have.
XXXIV. CHAPTER THIRTY-THREE: THE KINGDOM OF EXPANSION

A. In the original Greek text, the word used for “Heaven” is Ouranos, which when translated literally means Expansion.

B. “Seek ye first the Kingdom of heaven and all these things will be added unto you” means seek ye first the Kingdom of Expansion and all these things will be added unto you. It means to seek a place or a state of mind where you can expand, grow, increase, multiply, and bring forth fruit.

C. The only thing that can expand without limit is your mind. Seek ye first the Kingdom of Mind—or imagery, and all the things that you need will be added unto you.

XXXV. CHAPTER THIRTY-FOUR: AS A MAN THINKETH

A. Each of us makes his own world—and he makes it through the use of mind.

B. We can be tomorrow what we think today. For thoughts are the causes and our experiences are the effects.

XXXVI. CHAPTER THIRTY-FIVE: THE MASTER OF YOUR FATE

A. When you learn that you have a right to a legitimate dominion over your own affairs, you will have dominion over them.

B. We can do all things through the Mind that was in Christ Jesus.

C. Begin now to be the master of your fate—the captain of your soul. It is never too late.
XXXVII. CHAPTER THIRTY-SIX: THE MASTER MIND

A. The connecting link between the human and the Divine, between the formed universe and formless energy, lies in your imaging faculty.

B. So use your imagination! Picture in it your heart’s desire. Image it—day dream it so vividly, so clearly, that you will actually believe that you have it.

C. At the moment that you carry your belief to your subconscious mind—in that moment, your dream will become a reality. It may be a while before you realize it, but the important work is done because you have created the model. You can leave it to the subconscious mind to do the rest.