

Text: DYNAMICS FOR LIVING

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I. What Is Meant By The Expression 'Practical Christianity'?

Paul, who identifies himself as “a servant of Jesus Christ (Romans 1:1), adopted a new religious sect, Christianity, and expressed it in terms of the paradigms of the day: the resurrected-redeemer mystery schools, Gnosticism, Greek philosophies, and Judaism”. Charles Fillmore “adopted a new religious perspective expressed in terms of Christian theology, which included for him, mysticism, yogic practices, esoteric spirituality, idealist metaphysics, and post-Einsteinian physics”.

- *The Essential Charles Fillmore, with commentary by James Gaither*

Note: The following definitions for Practical Christianity have been taken from ‘Dynamics for Living’ and ‘The Essential Charles Fillmore’.

- A. Practical Christianity is the only system of religion before the people today, which because of a universal appeal to pure reason in man, can be applied and accepted by every nation under the sun. To know accurately about the reality of things, we must disregard all appearances as indicated by the five senses and go into *pure reason* - the Spirit from which was created everything that has permanent existence. Practical Christianity is the exact science of pure reasoning/logic.
- B. Practical Christianity is a spiritual doctrine, a Divine Principle, that can be applied, proven, demonstrated in the life of all humankind. The basis of Practical Christianity is God or Primal Cause.
- C. Practical Christianity is the science of Christ, a system of philosophy that cannot be disputed by the rational mind, and a system that demonstrates in the world of phenomena that its conclusions are true. Practical Christianity is a philosophy that deals exclusively with spirit-mind as the origin and causing power of all that appears. It is a spiritual doctrine that recognizes no cause outside of mind.
- D. Practical Christianity provides the key for unlocking the mysteries of the sacred scriptures. Practical Christianity is the pure doctrine of Jesus Christ; it explains fully that Jesus, in all his teachings, referred to a universal Principle that was common to all who would live in harmony with Divine Law. This spiritual doctrine is called ‘Practical Christianity because Jesus Christ gave a fuller demonstration of the principles upon which it is based, than any other teacher of whom we have a record. Charles Fillmore and his wife Myrtle Fillmore founded the Unity School of Practical Christianity in the 1880’s, for religious and educational purposes.

## II. What is Practical Christianity Not?

- A. Practical Christianity is not a theory having origin in the human mind; nor is it a revelation to humanity from some prophet whose word alone must be taken as unquestionable authority.
- B. Practical Christianity has no dogmas or creeds. Its students are expected to only believe that which they can logically demonstrate to be true.

## III. What Is The Nature of Primal Cause?

- A. Practical Christianity asserts that the nature of Primal Cause, First Cause, God, is Good.
- B. First Cause is invisible or spiritual, exhibiting itself as an intelligent force. "*God is Spirit, ...*". - John 4:24
- C. The Intelligent Principle of the universe is the true concept of God, and like all principles, God is totally impartial in God's expressions.  
"*...I truly understand that God shows no partiality...*" - Acts 10:34
- D. God is not a theory of life. God is life itself, the harmonious manifestation of life.

## IV. What Knowledge Was Attained by the Ancestors of Wise Sages of the Orient?

- A. Thousands of years ago, ancestors of wise sages of the Orient, were dedicated to the study of God in secret temples. As a result of systematic training, they found that in certain stages of high understanding, they would come into such harmonious relations with God, that they would be endowed with causing power themselves.
- B. They sought God for wisdom and understanding of the good, not for power over things that they might accrue.
- C. They found that by thinking right thoughts and living unselfishly, they awakened new faculties within themselves.
- D. They sought the good, or God. In harmony with that law by which like attracts like --- the good, or God, sought them.
- E. They found that when they came into right relations with the good, they had apparently supernatural powers.

- F. They discovered what Jesus Christ called “the kingdom of God within”. In that realization, all things were added unto them.
- G. They controlled all the so-called forces of nature, by word or thought.
- H. They studied cause, and became masters of the world of effects.
- I. They found that Primal Cause, this invisible Principle of pure intelligence, expresses Self only in words or thoughts that produce happy results.
- J. They found, by deductive reasoning, that the words that worked wonders in transforming their surroundings always represented those qualities that originate with a Being or Principle of goodness.
- K. They knew God as All-Good through the intuitive faculty. They proved God was All-Good, by demonstrating that God responds to attributes *only* that are representative of All-Good, to words they called Words of Truth or Reality.
- L. Those who have honestly studied metaphysics, and applied its rules in their daily work, will tell you that it has made them over --- physically, mentally, and morally. The kingdom is at hand. Happiness and health are here and now.

V. What Are Three Departments of Metaphysics?

- A. Therapeutics - Metaphysical therapeutics treat for healing by an understanding of the reality of things. It teaches how, by the power of thought, false conceptions may be eradicated, and the divine Reality brought into manifestation, showing forth in health and harmony.
- B. Ethics - In the curriculum of metaphysics, ethics show students how the moral world may be reformed. It teaches how we may be wise and happy, by holding in mind certain thoughts (the power of right thinking) that will bring about wise and happy conditions.
- C. Religion - The religion of metaphysics is the department that places it in the category of science. Religion is a science - the science of life. It will demonstrate itself to the student, both logically and practically. When you understand it, in its religious aspect, you know that you are not of the flesh, but that you are of God.

VI. What Does Practical Christianity Teach About God and Creation?

A. The starting point in spiritual realization is a right understanding of God.

1. God as BEING embraces all that has been referred to as God's nature or character, such as: wholeness, holy, perfect, the Creator, infinite, eternal, omnipresent, omnipotent, omniscient, absolute, All-Good, and the Principle of divine benevolence that permeates the universe.
2. God as PRINCIPLE is: definite, exact, and unchangeable. Divine Principle is: fundamental Truth; unchangeable life, love, intelligence, and substance of Being; underlying plan by which God moves in expressing Self; underlying cause out of which come forth all ideas; Source by which all form is produced; and the great underlying Cause of all manifestation.
3. God as LAW is Principle in action. Divine law is the orderly working out of the principles of Being. It places first things first, and cannot be broken. It
4. God as REALITY is that which is abiding, eternal, and unchangeable.
5. God as SPIRIT is: the Principle of creative life; the moving force in the universe; and the omnipotent, omnipresent essence from which all things proceed. God as Spirit is in the universe as its constant Breath, as Life.
6. SPIRITUAL-SCIENCE is the science of Spirit, the only real science, the systematic and orderly arrangement of knowledge. Orderliness is law, and the test of true science.
7. God as MIND is the universal Principle that includes all principles. God is the original Mind in which all real ideas exist. The Mind of the universe is composed of archetype (original pattern) ideas: life, love, wisdom, substance, truth, power, peace, and so forth. The one original Mind creates by thought. The science of Truth is God thinking out creation.
8. The real of the universe is held in the Mind of Being as IDEAS. The firstborn of everything in the universe is an idea in Divine MIND. In God Mind an idea is the eternal Word or Logos, the original, primary, or unlimited thought of Being.
9. God as TRUTH is the eternal verity of the universe; the underlying, unchangeable Truth; that which is, has been, and ever will be; that which eternally is. The Truth of God is reality.
10. God as OMNIPRESENCE is the only presence in the universe, the all-pervading presence of God, permeating the universe.
11. God as OMNIPOTENCE is All-Power, all the power there is; infinite power; the Almighty. Spiritual power is omnipresent.
12. God as OMNISCIENCE is all - knowing, all knowledge. God is omnipresent Mind enfolding and interpenetrating all things.
13. God as SUBSTANCE is the divine idea of the underlying reality of all things. Divine Substance is supply, the all - providing law which

supplies bountifully out of his own abundance.

14. God as LOVE is the idea of universal unity, the great idea of harmony. Love is the power that joins and binds in divine harmony the universe and everything in it. Divine Love is impersonal. It loves for the sake of loving.

B. To understand the creation of the universe, we must understand God's character.

1. The HOLY TRINITY is known as the Father, Son, Holy Spirit. Metaphysically, the Trinity refers to mind, idea, expression; or thinker, thought, action. These three are one fundamental Mind in its three creative aspects.
2. FATHER is first in the Trinity. Father is Being in the absolute; the Unlimited; the Source, Origin, Essence, Root, Principle, Law, Spirit, All-Good, Creator of all; the name of the all-encompassing Mind, everywhere present, forever accessible. The universal Principle of Being (Elohim God) designed all creation. Elohim is God as creative power. *Create* means *ideate*. God created not the earth as it appears, but that which produced the earth. Elohim God Ideates (Genesis 1-2:4).
3. SON is second in the Trinity. Son is called Jehovah { Lord } in the Old Testament, and Christ in the New Testament. The Son of God is the perfect-man idea in Divine Mind; the man that God created in His image. The Son is begotten of the Father; the likeness of the Father's nature; essentially all that the Father IS (Genesis 1:26-27).
4. CHRIST is the one and only complete ideal man in the mind of the every-where present God; the "Only Begotten Son" of God; the divine-idea man (Genesis 1:26-27).
5. The WORD of God is the Logos; the divine archetype idea that contains all ideas. The Son is also called the WORD, the Logos, the anointed One, the 'I AM'. An understanding of the Logos reveals to us the law under which all things are brought forth, the law of mind action. Divine Mind creates by thought, through ideas (John 1:1).
6. 'I AM' is eternal, without beginning or ending; the true spiritual man whom God made. The Son is the 'I AM' identity of BEING. The home of 'I AM' is in the realm of God ideals (Genesis 1:26-27).
7. HOLY SPIRIT is:
  - (a) the whole Spirit of God in action
  - (b) God's Word in movement
  - (c) the working, moving, breathing Spirit
  - (d) the executive power of both Father and Son, carrying out the creative plan
  - (e) the law of God in action
  - (f) the only authorized interpreter of, authority on, the gospel of Jesus Christ (see chapter on Holy Spirit)

- (g) the interpreter of the Christ, and the Christ is the thing interpreted (see chapter on Holy Spirit)
8. CREATIVE PROCESS is the Original Plan of an Idea in Divine Mind. In the creative process, Divine Mind Ideates Itself. God creates and moves creation through the Power of Mind, through Idea or Word, which is the Universal Creative Vehicle. The creations of the Logos are always spiritual, permanent, and incorruptible.
  9. CREATIVE LAW, the ORDER of CREATION, is from the formless to the formed, from the invisible to the visible. God is the Mind force carrying forward creation under law. First is Mind; then the idea in Mind; then the materialization of the idea. Apart from Mind nothing can be done. Creative intelligence forever builds up God's universe.
  10. INVOLUTION and EVOLUTION - All of God's works are created in Mind as perfect ideas. God creates the ideas that form the things. The starting point of every form is an idea. This is involution. Then the ideas are made into form and shape. This is evolution, the working out in manifestation of what Mind has involved.
  11. IDEATION - God-Mind expresses ideas perfectly. Divine idealism is God's standard of perfection. The ideal is continually pouring itself into its creation, and lifting creation high and even higher.
  12. IDEATION FORMED - Ideas are productive and bring forth after their kind. All things rest on ideas. The idea back of music is harmony.  
“...strive first for the kingdom of God and its righteousness ...” -  
Matthew 6: 33

VII. What Does Practical Christianity Teach About Man; Consciousness; Thinking; the Spoken Word; and of Spiritual Law?

A. MAN (HUMANKIND) ---

1. MAN is an IDEA in Divine Mind of the Epitome of Being, the IDEAL Man, PERFECT Man. Before there could be a man, there must be an IDEA of man.
2. MAN in Divine Mind is the Apex of God's creation.
3. MAN in Divine Mind is the Image-Likeness of Divine Self, the Idea of the Christ, the Only Begotten Idea or Offspring or Son of Divine Self.
4. The Son, the Offspring, Divine Mind's Idea of the Christ (being the expressed Image-Likeness of the Father) is perfect, even as the Father is perfect. All that we find in Divine Mind, we find in man (humankind).
5. Man made in the IMAGE-LIKENESS of GOD is SPIRITUAL MAN, our indwelling SPIRIT, the CHRIST SPIRIT within us.  
“Then God said, ‘Let us make humankind in our image, according to our likeness’... So God created humankind in his image, in the image of

*God he created them; male and female he created them."*

- Genesis 1:26, 27 NRSV

6. Man is Spirit, Soul, Body. SPIRIT is "God as the moving force in the universe; the breath of life in all creation; creative intelligence and life". SOUL is "man's consciousness; the underlying idea back of any expression". "Soul makes the body. BODY is "the outer expression of the soul. Bodily health is in exact correspondence to the health of the soul". - *The Revealing Word, A Dictionary of Metaphysical Terms, Charles Fillmore Reference Library*

#### B. MANIFEST MAN ---

1. Manifest man is the SOUL of us.  
*"And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul".*  
- Genesis 2:7 KJV
2. Manifest man should be as the IDEAL. He will be when the individual identifies self with one's indwelling Christ Spirit.
3. When manifest man is identified with anything less than perfection he manifests some degree of imperfection.

- C. IMAGE-LIKENESS - When we are quickened to spiritual understanding, and fully realize the true character of God and our own nature as the image (mental conception; exact likeness; idea) of God, we will begin to live as Jesus lived in order that we may bring forth the likeness. God's attributes are our attributes. God's power is our power. God's character is our character.

#### D. THREE DEPARTMENTS of MAN ---

Spiritually, humankind is God's Ideal Self. We are an integral idea in Divine Mind. The Mind of God is Spirit, soul, body --- mind, idea, expression. Humankind is not separate from God-Mind. We are the inlet and the outlet of an everywhere-present life, substance, and intelligence. Conscious identification must prevail in our whole being before we can be in right relation.

1. Spirit-Man --- Spirit in man is the I AM; the individuality; the true self; that which is undivided from God; our spiritual identity; the seat of power and is always in the Absolute.
2. Soul-Man --- The soul is man's consciousness; the underlying idea back of any expression; and the many accumulated ideas of his present expression. Consciousness is *"the composite of ideas, thoughts, emotions, sensation, and knowledge that makes up the conscious, subconscious, and super-conscious phases of mind"* -Revealing Word.
3. Body-Man --- The body of man is the outer expression of man's soul, consciousness, the precipitation of the thinking part of man. God created the idea of the body of man as a self-perpetuating and self-renewing organism, which man reconstructs into his personal body. God creates the body idea (divine idea), and man by his thinking makes

the body manifest. All thoughts and ideas embody themselves according to their character.

#### E. CONSCIOUSNESS ---

1. Consciousness is *“the sense of awareness, of knowing, our knowing that we know. It is the knowledge or realization of any idea, object, or condition. It is the sum total of all ideas accumulated in and affecting man’s present being. It is the composite of ideas, thoughts, emotions, sensation, and knowledge that makes up the conscious, subconscious, and super-conscious phases of mind. It includes all that man is aware of ---spirit, soul, and body”* - The Revealing Word.
  - (a) Super-consciousness is the super-conscious nature of Mind, the Christ consciousness; spiritual consciousness; a state that is based on true ideas; the understanding and realization of spiritual Truth.
  - (b) Conscious Mind is the conscious nature of mind. It is actively aware of a person’s thoughts. It should look ever to the super-conscious, for all direction and instruction. The Spirit of wisdom rests in the super-conscious.
  - (c) Sub-consciousness is the subconscious nature of mind or subjective consciousness, the sum of all man’s past thinking. It may be called memory. The true office of the sub conscious is to receive impressions from the super- consciousness, and to reproduce them upon the canvas of the conscious mind. Man, however, having lost the consciousness of the indwelling Father as an ever-present reality, has reversed the process. The sub-conscious nature of the mind now receives impressions from the conscious nature of the mind. The purpose and nature of the subconscious is to reproduce.
2. Man has twelve centers of consciousness. They are centers of action. Each center has control of a certain function in mind (soul) and body. They are:

|             |                             |
|-------------|-----------------------------|
| Faith       | Understanding               |
| Strength    | Will                        |
| Judgment    | Order                       |
| Love        | Zeal                        |
| Power       | Renunciation or Elimination |
| Imagination | Life                        |

#### F. THINKING ---

1. Thinking is the formulating process of mind. The thinking faculty is the inlet and the outlet of all ideas. It makes you a free agent, because it is your creative center. In and through this one power you establish your consciousness - you build your world.

2. Thought --- Thought is a product of thinking, a mental vibration or impulse. Thoughts are capable of expressing themselves. Every thought clothes itself in a life form according to the character given it by the thinker. The form is simply the conclusion of the thought.
3. Thought Aggregation --- Like attracts like. A thought will take up its abode in our consciousness with thoughts of like character. This law of attraction continues until combined thoughts make a colony. This colony of thoughts expresses itself in the cells of the body for good or ill.
4. Thought Control --- Thought is controlled by the right use of affirmation and denial.
5. Denial --- Denial is the mental process of erasing from consciousness false beliefs.
6. Affirmation --- An affirmation is a positive statement of Truth, the mental movement that asserts confidently and persistently the Truth of Being in the face of all appearances to the contrary.
7. Decree --- To decree is to command or to ordain. To decree with assurance is to establish and to fix an ideal in substance. The force behind the decree is invisible. It binds with invisible power the one who makes it.
8. Thought and Word --- By a right understanding, and by using right thoughts and words, man will experience the kingdom within him. Every time we speak, not only do we cause the atoms of our body to change their positions, but we also affect the bodies of others with whom we come in contact.
9. Directive Word Power --- The spoken word carries vibrations through the universe and moves the intelligence inherent in every form, animate or inanimate. Man, the highest emanation of Divine Mind, has great directive power, and is really co-operator with God in forming the universe. We should be speaking words of Truth to everything.
10. Thought and Act --- Every act of man has its origin in thought, which is expressed into the phenomenal world, from a mental center that is but a point of radiation for an energy that lies back of it. That point of radiation is the conscious "I", which in its correct relation is one with Cause, and has at its command all the power potential in Cause.
11. Thought Forms --- Thought clothes itself in a life form, according to the character given it by the thinker. Thought is creative and covers every phase of life.
12. Error Thoughts --- Error thoughts represent thoughts and beliefs that have no foundation in Truth.
13. Experimentation --- Humankind is a free agent. We can open mind to divine wisdom and know creative law, or we can work out our unfoldment through experimentation.

#### G. The Spoken Word ---

1. In PURE metaphysics there is but one word, the Word of God, the original creative Word or thought of Being.
2. Divine Mind creates under law, mental law. First is mind, then the idea in mind of what the act shall be, and then the act itself. In Divine Mind, the idea is referred to as the Word.
3. As an imitator of Divine Mind, humankind has power to form and make manifest whatsoever he/she idealizes. Unless our thoughts are unified with Divine Mind and guided in their operations by infinite wisdom, our thought forms are perishable.
4. Every thought that goes forth from the brain sends vibrations into the surrounding atmosphere and moves the realm of things to action. The average thought vibration produces but temporary results.
5. Under intense mind activity, conditions more or less permanent are impressed upon the sensitive plate of the universe. Through this activity, they are brought into physical manifestation.
6. The mental emanation and the creative word are the forces that stimulate the receptive intelligence of nature. When we believe what we hear, there is formed in us the substance of the word.
7. Words of Truth from a zealous person possess dynamic power to heal and bless, because the spiritual man enters into them.
8. Words of Truth have life in them. They have power to restore and make whole.
9. The inner Word (spiritual in nature) has within it the seeds of divine life, perfect wholeness. Jesus spoke in terms of spiritual words, and knew they were vivified with a life essence and a moving power that would demonstrate the truth of his statements.

#### H. Spiritual Law ---

1. Order is a fundamental law, a spiritual law, of the universe and of humankind.
2. The remedy for disharmony in our mind, body, and affairs is to open the way in our mind for the manifestation of divine order.
3. We should surround ourselves with words suggestive of spiritual things.
4. We should be careful of every belief taken into consciousness, through our eyes and ears.
5. That which we read should be of an uplifting character.
6. This spiritual law is operative in food and clothing. If we think about order and harmony, our taste in material things will change.
7. Keep in mind that there is one underlying law, and through this law all things come into expression. There is, also, one universal Mind, the source and sole origin of all real intelligence. First is mind, then mind expresses itself in ideas, then the ideas make themselves manifest. This is a metaphysical statement of the divine Trinity - Father, Son, and

Holy Spirit.

8. In the King James Bible, the Hebrew "*Jehovah*" has been translated "*Lord*". Jehovah is defined as the self-existent One, the "I AM". The "I Am", in its highest, is the all-knowing, eternally whole and perfect, omnipotent One within humankind. We can cultivate a recognition of the "I AM" Presence, through prayer and meditation upon Truth.

#### VIII. What Does Practical Christianity Teach About Prayer: Truth, Faith, Health, Music / Healing, Disease, Prosperity, Praise / Thanksgiving, Love, and Forgiveness?

##### A. Prayer ---

1. Prayer is "communion between God and man" - The Revealing Word
2. There is a place within our soul where we can consciously meet God and receive a flood of new life into our mind and body. God-Mind is a treasure field of all potentialities within us, the place where we can find the fulfillment of every possible need.
3. The intimate connecting spirit that unites man and his source is the divine Logos.
4. The hungering for God that is felt by man in his soul is really God hungering to express through man.
5. Prayer is every sincere desire, every impulse of the soul, for life, love, light. Deep desire is essential for spiritual growth.
6. Pray believing that you will receive.
7. Prayer is invocation and affirmation.
8. Through prayer we develop spiritual character by consciously functioning in God-Mind where, laying hold of spiritual ideas, we realize the Truth they contain.
9. Prayer is man's steady effort to know God. Through prayer we gain an intimate relationship with God.
10. Prayer does not change God! It changes us!
11. Prayer is an asking for that which we know is waiting for us at the hands of our Father God, and an affirmation of its existence.
12. Pray with a purpose. Above all, always purpose in our heart to achieve spiritually.
13. Prayer is the most highly accelerated mind action known.
  
14. The silence is "*a state of consciousness entered into for the purpose of putting man in touch with Divine Mind so that the soul may listen to the 'still small voice'*" - The Revealing Word.
15. In scientific silence, still intellectual thoughts so that the consciousness may become subservient to the Spirit within.
16. Meditation is "continuous and contemplative thought" - Revealing Word. Persistent meditation on the Truth contained in the Word of God, opens

the mind to a greater inflow of Spirit.

17. In prayer, attention is the concentration of the mind upon a statement of Truth.
18. In spiritual silence, our realization is established in our heart, and we have the assurance that our prayer is answered, and that the law of demonstration brings forth the fruit. Realization is deep inner conviction and assurance of the fulfillment of an ideal. It is atonement, completion, perfection, wholeness, repose, resting in God.
19. Faith draws upon substance. Faith is the fire of Spirit. It opens the door into an inner consciousness, where we hold the word steadily in mind until the spiritual substance responds to our word.
20. Praise is one of the avenues through which spirituality expresses.
21. To find a lasting stronghold within, understand that God is a God of Joy.
22. There are seven necessary conditions for true prayer.
  - a) God should be recognized as Father.
  - b) Oneness with God should be acknowledged.
  - c) Prayer must be made within, in "the secret place".
  - d) The door must be closed on all thoughts and interests of the outer world.
  - e) The one who prays must believe that he has received.
  - f) The kingdom of God must be desired above all things, and sought first.
  - g) The mind must let go of every unforgiving thought.

## B. Truth ---

1. Truth is "the Absolute; that which accords with God as divine principle; that which is, has been, and ever will be" - The Revealing Word.
2. Truth is that which is true in the pure logic of the mind, regardless of appearances.
3. The Truth, as demonstrated by Jesus Christ, is a restorative power. Jesus demonstrated that Truth proves itself in restoring perfect order and wholeness.
4. Propositions of Truth must be thought out and lived out, for them to be fully demonstrated.
5. There is an intuitive something in us that tells us, when we think, when we meditate, what Truth is. God as Truth reveals Self to us when we, with open mind, listen. "*It is the spirit in a man, the breath of the Almighty, that makes him understand*"- Job 32:8 RSV.
6. The first postulate and conclusion of Truth is: "*God is good and good is all*". Other qualities of the infinite good we are to lay hold of are: "*God is all-powerful*" and "*God is love*".
7. Truth is a healing force. Truth builds up humankind. Truth restores the body. God is the author of health; all health comes from God.
8. In Truth there is no such thing as an "*unpardonable sin*".

9. We must know the Truth of Being, and conform to Truth in every thought and act. Then we will know that *the Spirit of Truth does demonstrate itself within us*.
10. To awaken to the consciousness of our God-likeness is the “*Secret of Satisfaction*”. Wisdom is a characteristic of humankind, since we are the image and likeness of God. If we do not manifest wisdom, it simply shows that we are not awake to our true likeness.
11. The best way to prove that all wisdom and understanding are in us is hold this truth in mind, and believe it to be true. Choose to identify self with the Christ, in the face of all appearances.
12. Coming into the Christ consciousness, in its first steps, is all a matter of faith.
13. One who awakens to the consciousness of self as an offspring of God can have eternal life.

### C. Faith ---

1. Faith is “the foundation of all that man does” - The Revealing Word.
2. We should concentrate faith on the invisible, on real things, on things of Spirit.
3. The word, imagination, and faith work together.
4. We must have the understanding that our relation to God is that of offspring to parent and that we exist in the one Mind.
5. There are three steps in every demonstration - Recognition of Truth as it is in principle; holding the idea and acknowledging fulfillment.
6. When faith is exercised deep in spiritual consciousness, it brings results that are seemingly miraculous. Spiritual faith includes unflinching assurance and immediate response.
7. Mental seeing is the same as knowing. It is our mental attitude toward things that fixes our relation to them.
8. The word is the creative idea in Divine Mind. All words are formative, but not all words are creative. The creative word lays hold of Spirit substance and power. Faith words have inner force. This force rushes forth and produces remarkable transformations in the phenomenal.
9. Jesus demanded faith on the part of those he healed. With this faith as a point of mental and spiritual contact, he released the latent energy in the atomic structure of the one in need of healing, and that one was restored to life and health.

### D. Health ---

1. Our physical body is carried in our mind as thought, and it obediently reflects every mental attitude.
2. The object of humankind’s existence is to demonstrate the Truth of Being.

3. Humankind's body has power to replace worn parts. When it is in harmony it never wears out. Health is the very essence of BEING. It is as universal and enduring as God.
4. Humankind must learn to use the knowledge of Truth to sustain its consciousness of health. To heal is to bring forth the perfect Christ that exists within each of us. By realizing a healing prayer, we lay hold of the principle of health itself and the whole consciousness is illumined.
5. Humankind thinks his body into disease. We are to base our thoughts on what is true in the absolute of BEING, and not on conditions as they appear in the formed realm about us.
6. Jesus always connected sin and sickness as cause and effect. All the ills of humanity are the EFFECT of broken law, of sin. Sin is a missing the mark of truth. Sin is man's failure to express the attributes of Being.
7. Sin (error) is first in mind, and is redeemed by a mental process or by going into the silence. In spiritual understanding, the I AM of humankind FORGIVES ("FOR" error "GIVES" Truth); then the mind is set in order and the body is healed.
8. Trust God in all things. Know that God is always present. Health has a source that is perpetually giving itself forth. A perpetual giving forth implies a perpetual PRESENCE. Realize that God lives in you. Draw upon the omnipresent God for every need.
9. The true way to heal is to find the mental cause and destroy it forever.
10. Through the power of the imagination we impress upon the body the concepts of the mind.
11. Every word we speak goes forth from our mouth charged with atomic energies. Our mind determines the character of our words. Words are loaded with constructive or destructive electrons.
12. Thanksgiving will keep the heart fresh. Giving thanks in advance brings to pass a present expectation.
13. Praising and giving thanks liberate the finer essence of soul and body when we center our attention upon Spirit.
14. Pray believing that you have received and you shall receive.
15. Laugh your fears away.
16. Sing to promote health. Back of every true song is a thought of joy. It is the thought that counts. Cultivate the singing soul.
17. Be at peace. Steadfast affirmations of peace harmonize the whole body structure, and open the way to attainment of health conditions in mind and body.
18. Give a treatment for love, for love will prove a healing balm for all. Affirm the presence and the power of divine love in quietness and confidence; as you do so, the law will be fulfilled.
19. Make your body perfect by seeing perfection in it, as well as mentally seeing the body youthful.
20. Persist in our mental work. Discipline our mind and raise our thoughts, through prayer and meditation. Do these things in the realization that

there is a listening Mind and a ready host of great ideas at all times waiting for us.

21. In praying for others, see them as perfect.
22. Miracles are events that take place as a result of the operation of a higher law.

#### E. Music and Healing ---

1. Music is a healing power. The spirit of music is within all of us.
2. God is the universal Spirit of harmony. Humankind is the offspring of that Spirit.
3. The body is a musical instrument, meant to give forth the harmony of Divine Mind. It must therefore be kept in tune with the Infinite. Thinking in wisdom produces harmony of mind and grace of body.
4. Bring harmony into your life by singing and praising.

#### F. Disease ---

1. Disease germs would quickly disappear from the earth if men would consult God before passing judgment upon God's creations. It is not man's province to give form to anything but what will be a pleasure in God's eye.
2. Cease making disease germs. Turn our attention to higher things. Make love alive by thinking love. Make wisdom the light of the world by affirming God's omnipresent intelligence. See in mind the pure substance of God, and it will surely appear.
3. All that is required is a simple childlike attention directed to the everywhere present Spirit, and a heart filled with love and goodness.

#### G. Prosperity ---

1. 'The Provider' - Jesus taught that we can incorporate life-giving rays into our mind, body, and affairs through faith. He also taught humankind how, by the exercise of our mind, we can make that life obey us.
2. Jesus showed the universe to be persuaded and directed by intelligence. God has provided for the most minute needs, of our daily life. If we lack anything, it is because we have not used our mind in making the right contact with the super-mind and the cosmic ray that automatically flows from it.
3. 'New Era' - We shall serve for the joy of serving, and prosperity will flow to us and through us, in streams of plenty.

4. Just as soon as we individually recognize omnipresent substance, and put our faith in it, we can look for others around us to do the same. When even one of us bears witness to the truth of the prosperity law, we will quicken the consciousness of the whole community.
5. 'The Heavens' - Jesus taught that the kingdom of the heavens, or the kingdom of God, is a kingdom within us of omnipresent substance and of Mind that has all potentiality, and is the source of everything that appears on the earth.
6. 'Mind' - All is Mind. Mind is reality, and it also appears as phenomena. Mind has being and appearance, the invisible and visible.
7. 'Substance' - God is substance, an intangible essence. God substance may be conceived as God energy, or Spirit light. Inexhaustible Mind substance is available at all times and in all places. Spiritual substance is a living thing, an abiding thing.
8. God is substance, not matter, because matter is formed, while God is the formless. Matter is a mental limitation of divine substance. God substance lies back of matter and form. Its nature is to "sub-stand" or "stand under" or behind matter as its support and only reality. It is the basis of all form. The vital and inherent character of divine substance is manifest in all life expression. Substance cannot be seen, touched, tasted, or smelled, yet it is more substantial than matter.
9. 'Ideas' - Spiritual substance, this unfailing resource, is always ready to give. Substance exists in the realm of ideas. All things exist as ideas. These ideas are manifested only as humankind becomes conscious of them. Divine ideas are our inheritance. They are pregnant with all possibility. All the ideas contained in the one Father-Mind are at the mental command of its offspring.
10. 'Unification' - Substance is first given form in the mind. Be still and turn within to the great Source. See with the eye of faith that the whole world is filled with substance. See it falling all about you as snowflakes of gold and silver. Our work is to express substance ideas in material form, by identifying self with substance, realizing our oneness with it.
11. 'Law' - All true action is governed by the law of cause and effect, our understanding of the rules of the law.
  - a) First, firmly fix in your mind that God is good and all God's creations are good.
  - b) Live in accordance with this law (*activity of consciousness*).
  - c) Have faith in this law (*this ruling state of mind*). Do not reason too much, but forge ahead in faith and boldness. Do not let the outer appearance cause you to falter. Keep your eyes on the abundant inner reality.
12. 'Consciousness' - The possessions of the Father is in the divine possibilities implanted in the mind and soul of every individual. Wealth of consciousness will express itself, in wealth of manifestation.
13. To demonstrate Principle, we must keep establishing ourselves in

certain statements of the law (*affirmations of truth*). The more often you present to your mind a proposition that is logical and true, the stronger becomes that inner feeling of security to you.

14. 'Housecleaning' - Mental housecleaning is necessary. It prepares the way for awareness of the Christ consciousness. Loose (let go; give up) all thoughts of lack, to lay hold of thoughts of plenty.
15. 'Effort' - A continuity of effort is necessary. Show your faith by keeping up the mental work. Devote more time to silent meditation.
16. 'Faith' - We demonstrate prosperity, by an understanding of the prosperity law, and by having faith in it. Have faith in God, the one Mind.
17. Connect ideas of substance with ideas of material expression. This is accomplished by faith through prayer according to our decrees. We are always decreeing, sometimes consciously, often unconsciously. Our every thought and word increases or diminishes the activity of substance.
18. 'Loyalty' - Develop stabilizing ideas. One of them is continuity or loyalty to Truth. Love sticks to the thing on which it has set its mind. Love stabilizes and unifies. Stick closely to your ideal, and never give up the work we have set out to accomplish. Be loyal to Principle.
19. 'Going Forward' - Will to do the will of Spirit, and trust Spirit in all your ways. Work as God works. Express the perfect abandon (*enthusiasm*) of the child of nature.
20. 'Self-Study' - Be mindful that there is an all-sufficiency (a kingdom of abundance) of all things. Seek it, and be willing to comply with its laws. If thoughts are confused, become still and know that you are ONE with the substance and law of its manifestation. God gives the increase. It comes by the operation of the law. Our part is to keep the law.
21. Use your talent. Talk about it. Praise it. Give God thanks for it. Act as though it were alive. See what you need as already manifest, and yours.
22. 'Money' - Take God into all your affairs. Be alert, cheerful, and competent in doing whatever comes to you to do. Prove your faith and reliability.
23. Everyone should be taught how to handle ideas, rather than money, so that they serve us rather than have dominion over us. It is our ideas and beliefs about money that control us. Money is our instrument, not our master. Money was made for man, not man for money.
24. Every thought of personal possession must be dropped out of mind before we can come into the realization of the invisible supply.
25. 'Blessing' - Realize the universal nature of substance. Blessing the substance increases its flow.
26. 'Giving' - The act of giving complies with the divine law. It involves the recognition of God as the Giver of all increase. Give freely. True giving is the love and generosity of the Spirit-quicken heart

- responding to the love and generosity of the Father's heart.
27. For the plan of giving to be successful, there must be a willing mind. The giving, also, must be done in faith.
  28. 'Tithing' is the giving of a tenth of one's supply to God and God's work. It is a tacit agreement that we are in partnership with God in the conduct of our finances.
  29. 'Debts' are produced by thoughts of lack, impatient desire, and covetous-ness. When these thoughts are overcome, debts are overcome. Surrender them to God, along with all your doubts and fears. Love will bring your own to you.
  30. 'Waste' - Any form of waste is a violation of the divine law of conservation. Do not spend foolishly or save foolishly.
  31. 'Lack' - There is no lack of anything anywhere in reality. The only lack is the fear of lack in the mind of man. We must overcome the fear of lack. Start with the fundamental proposition that there is plenty for you and me.
  32. 'Loss' - Let go of negative thoughts of financial loss or any other kind of loss. Realize that nothing is ever lost in the universe. New ideas come to you from within.
  33. 'Paying Bills' - Hold yourself in the consciousness of God's leadership and abundance.
  34. 'Creditors' - Bless your creditors with the thought of abundance. Keep the faith they had in you, by including them in your prayer for increase. Think of yourself as Spirit, working with powerful spiritual forces. Know that the demands of Spirit must and will be met.
  35. 'Prosperous Home' - Build a positive thought atmosphere in the home, an atmosphere that is free from fear and filled with love. Talk plenty. Think plenty. Give thanks for plenty.
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36. 'Being like Others' - "What is that to thee?" Mine your own business. Think about the omnipresent substance of God. Get in touch with God riches in spirit. Lay hold of them by love, and you will have sufficient for every day.
  37. 'Attitudes' - Love and trust are dynamic, vital powers. Build walls of love and substance around yourself. Send out swift, invisible messengers of love and trust for your protection.
  38. 'Simple Life' - The simple life is a state of consciousness of peace, contentment, and satisfaction in the joy of living and loving. It is attained through thinking about God, and worshipping God in spirit and in truth.
  39. 'Success' - Think about prosperity, industry, and efficiency. Fill your mind to overflowing with thoughts of success; realize that the fullness of all good belongs to you by divine right. To this add a feeling of happiness and joy, and you have the recipe for abundant and lasting

prosperity and success.

#### H. Praise and Thanksgiving ---

1. In Spirit, praise accumulates. Praise opens the portal of the super-consciousness where thought is impregnated with an uplifting, transcendent quality.
2. Spirituality (prayer and praise) is the consciousness that relates man directly to the Father-Mind.
3. Prayer is the language of spirituality. When developed, prayer makes man master in the realm of creative ideas.
4. We are to pray that the will of God enter into us, and become a moving factor in our life.
5. One of the offices of spirituality is to aggregate divine ideas. Thus prayer is cumulative. It accumulates spiritual substance, life, intelligence, everything necessary to our highest expression. It is important that we pray with understanding of the law, important that we always give thanks that our prayers have been answered and fulfilled, regardless of appearances.
6. Praise is closely related to prayer. It is one of the avenues through which spirituality expresses itself. Through an inherent law of mind, we increase what we praise. The whole creation responds to praise.
7. There is an invisible thought-stuff on which the mind acts, making things through the operation of a law. When we praise the richness and opulence of our God, this thought-stuff is increased in our mental atmosphere. It reflects into everything that our mind and hands touch.
  
8. We can praise self from weakness to strength, from ignorance to intelligence, from lack to affluence, from sickness to health. All causes that bring about permanent results originate in Spirit. Know that God is Spirit. The highest form of prayer is to open our mind, and quietly instantly answers, even before we have audibly expressed our desires.
9. We increase our vitality by blessings and giving thanks in spirit.
10. When we commune with the Spirit within and ask for new ideas, they are always forthcoming.
11. A blessing sees only the good and emphasizes only the good.

#### I. Love ---

1. Love, in Divine Mind, is the idea of universal unity, the power that joins and binds in divine harmony the universe and everything in it. We connect our soul forces with whatever we center our love upon.

2. In the regeneration, our love goes through a transformation which broadens, strengthens, and deepens it.
3. One should make it a practice to meditate regularly on the love idea in universal Mind, with the prayer, "*Divine love, manifest thyself in me.*"
4. Phases of Love - Love is patient. Love is always kind and gentle. Love makes the refinement of the natural gentleman or lady. Love's own comes to it without being sought.
5. Divine love in the heart establishes one in fearlessness and indomitable courage. The new heaven and the new earth are established on love.
6. We may talk about the wisdom of God, but the love of God must be felt in the heart.
7. Love is a divine principle that flows forth a pure stream of infinite ecstasy in great oceans of living magnetic power, to be used by whosoever will.
8. Love is the magnet of the universe, and about it may be clustered all the attributes of Being, by one who thinks in divine order.
9. You may trust love to get you out of your difficulties. Do not talk love and feel resentment.
10. Universal Goal - Love will change all our methods of supplying human wants. Love will harmonize all the forces of nature, and will dissolve the discords that now infest earth and air. Love will control the elements until they obey man, and bring forth that which will supply all his needs, without the labor that is called the sweat of his face. The earth shall yet be made paradise by the power of love.

## J. Forgiveness ---

1. Forgiveness is a process of giving up the false for the true; erasing sin and error from the mind and body.
2. Forgiveness means the giving up of something you should not do.
3. Repentance is a reversal of mind and heart in the direction of the All-Good.
4. The law is Truth. Truth is all that is good. There is no power or reality in sin. If sin was real and enduring, like goodness and Truth, it could not be forgiven but would hold its victim forever.
5. One of the laws of mind is that one belief must be dissolved, before another can take its place. God is too pure to behold iniquity, so our first work of reform is to forgive all men their transgressions.
6. Our forgiving "all men" includes self. Treat sin as a mental transgression instead of considering it as a moral defection.
7. The statement, "I owe no man anything but love" does not mean that we can disclaim owing our creditors money, or try to evade the

payment of obligations we have incurred. The thing denied is the burdensome thought of debt or lack.

8. Fill your mind with thoughts of divine love, justice, peace, and forgiveness. This will pay your debts of love, which are the only debts you really owe. Adjust all misunderstanding and make your life and affairs healthy, happy, harmonious, and free, as they should be. Love indeed is the “fulfilling of the law”.
9. Begin by thanking God for your freedom from debt-burden thought. When wisdom and good judgment are in control, debt is soon vanquished. Do all which is possible with the means you have, and as you proceed in this spirit, the way will open for you to do more. There is a universal thought substance in which thought builds whatever man wills.
10. Nothing is destroyed, because “nothing” cannot be destroyed. The change that takes place is transference of power from an error belief to faith in the Truth. Change is through the recognition that God is good and in reality there is only God. When we recognize this truth, abundant living comes flowing into mind and body with a mighty quickening and healing power that renews and transforms.

#### IX. How Does Charles Fillmore Interpret the Story of Adam and Eve?

- A. That which is stated in the Book of Genesis, in the form of allegory, can be reduced to ideas. These ideas can be worked out by the guidance of mental laws.
- B. Genesis gives two accounts of the creation of humankind.
  1. The first is that of the creation by Elohim. The first act of mind is the formation of the idea. Elohim or God-Mind creates Spiritual Man in who is conceived to be present all the attributes of his source.
  2. The second is that of the creation by Jehovah. The second act of mind is the expression of that idea. Spiritual Man, Jehovah God, God-Mind identified as I AM, forms man in spiritual substance, in the dust of the ground”.
- C. Adam is the first movement of mind in its contact with life and substance. He represents the generic, or the whole race epitomized in an individual- man idea. If the ego, or will, which is man, has adhered to wisdom faithfully, and has carried out in its work the plans that are idealized in wisdom, it has created a harmonious consciousness. Adam in the Garden of Eden is symbolical of that consciousness.

- D. Eve is love, or feeling, in individual consciousness. Eve represents the “mother of all living”.
  - E. Eden is a pleasant, harmonious, productive, state of consciousness in which are all possibilities of growth. It is also a state of bliss.
  - F. The “fall” is when humankind develops a consciousness apart from its divine nature, or beliefs in two powers.
  - G. The allegory of the Garden of Eden, man, woman and the serpent represent the development of ideas in individual consciousness, not the development of a planetary system. Creation is the evolution of ideas in mind. Creation is the development of individuality.
  - H. The serpent represents life, in which is vibration, color, sound, and sensation.
  - I. Humankind should be ever on the alert to maintain their dominion and mastery over all the ideas of the mind and sensations of the body.
  - J. Wisdom shows us what the law is and where we have fallen short in our use of it. We are not punished for our sins but by them.
  - K. The spirit of obedience is the spirit of love.
- X. What Is Meant by Conscience, Judgment and Justice, Jesus Christ, and the Kingdom of Jesus Christ, according to Charles Fillmore?
- A. Conscience ---
    1. There is divine goodness at the root of all existence. This goodness sleeps in the recesses of every mind. This is the law of universal balance, the equilibrium of BEING. Whoever has felt the prick of conscience has been spoken to by the Holy Spirit. Whoever has sat at the feet of his own inner conviction has been aware of God's presence. Our conscience is our guide, the spark of divinity within our own being.
    2. There are two ways to get understanding. One is to follow the guidance of the Spirit that dwells within, and the other is to go blindly ahead and learn by hard experience.
    3. When we consult Spirit with pure heart and unselfish motives, Spirit points out to us the very lines our life shall be cast in, if we are obedient to the Most High God.
    4. If you want the greatest success, do not talk too much about your plans.

Talking is a waste of energy, a dissipater of power.

5. Know how to handle ideas. For instance, we are holding an idea of health, which is generating currents in our mind that might flow out on the wires of faith and heal the world. But we have broken the current by believing that it should pass through a pill, a magnetic hand, or the mind of someone who we think is stronger than we are. We must stop all this and send our idea of health straight to the mark on the wires of our own true word. Spiritual ideas must have spiritual wires, or their power dissipates. Our words, acts, and whole life must be in accord with our ideas.
6. The realm of ideas is the source from which we draw our real sustenance. It exists in BEING as universal intelligence. When this realm of ideas becomes so active in the consciousness that it attracts our special attention, we call it a quickening conscience.
7. When conscience cries out in your heart, heed to it. Be meek (humble, open, receptive, teachable to the Spirit of God within you).

#### B. Judgment and Justice ---

1. Truth is ready at all times to give judgment and justice. When justice and love meet at the heart center, there are balance, poise, and righteousness. Good judgment is developed from Principle. Judgment is to be placed in the Absolute in order to demonstrate its supreme power. This is accomplished by first declaring that one's judgment is spiritual and not material; that its origin is in God; that all its conclusions are based on Truth; and that they are absolutely free from prejudice, false sympathy, or personal ignorance.
2. Judging from the plane of the personal leads into condemnation. Condemnation is always followed by the fixing of a penalty. We see faults in others, and pass judgment without considering motives or circumstances. We have no right to pass judgment. In our ignorance, we are creating thought forces that will react upon us. This is an unchangeable law of thought action. Leave our fellowmen to the Absolute in all cases where they seem unjust.

#### C. Jesus Christ ---

1. Jesus was the man of Nazareth, son of Mary. Metaphysically, Jesus is the "I AM" in man, the self, the directive power, raised to divine understanding and power – the "I AM" identity.
2. Jesus of Nazareth's mission was to connect the thinker with the true Source of thought. Through his knowledge, and in harmony with his mission, Jesus set into motion spiritual ideas that ever since his ministry have been operative in the world.

3. Jesus knew that as Son of God, he had access to every blessing, to all the wisdom, love, and help of the Father-Mind. He knew that they were true. His words were pregnant with meaning. They were vital, living words, which carried conviction and which produced immediate results.
4. Jesus is the Way-Shower. He came that we have life more abundantly. He came to awaken man to the possibilities of his/her nature. He came to bear witness to Truth.
5. The crucifixion of Jesus represents the wiping of personality out of consciousness. The cross represents that state of consciousness termed "mortal mind". The cross is a symbol of the forces in man adjusted in their right relation.
6. Christ is the Perfect Idea of God for man. Jesus is the perfect expression of the Divine Idea Man. Jesus Christ is a union of the two, the idea and the expression, the perfect man demonstrated.
7. The true Church of Christ is an aggregation of spiritual ideas in individual consciousness. To establish the church, or ecclesia, of God in man, a new state of consciousness must be formed. Man must gain an understanding of God as Spirit, and must understand his/her relation to Spirit. The true church is not contained in walls of wood and stone, but in the heart of humankind. The heart of humankind is its temple and the Spirit of truth is the one guide into all Truth.

#### D. The Kingdom of Jesus Christ ---

1. Jesus Christ's idea of a kingdom was one in which righteousness, health, life, peace, and prosperity are natural to its entire people.
2. His kingdom was a desirable condition, which would be brought about among them through the power of Spirit. The kingdom is to grow from small beginnings, like a mustard seed or the yeast cake.
3. The "kingdom of heaven is at hand", available here and now. It will be revealed to everyone who rends the veil of sense.
4. To the question of Jesus' disciples as to when the kingdom of heaven would come, Jesus answered: "When the without shall become as the within".
5. The kingdom must be made manifest. All manifestation arises through action. We must use our talent. The talent of which humankind is possessed, surpassing all else, is that of thinking. To think is to make manifest the world of forms. Every time you hold a thought in your mind, you are forming a body for that thought; and bodies are things. We never rise higher in expression than our thought.

#### XI. What Is the Meaning of the Holy Spirit, Baptism, Atonement, Transfiguration, Fulfillment, and Reincarnation, according to Charles Fillmore?

A. The Holy Spirit ---

1. Jesus said that the Holy Spirit is “the Counselor”, whom the Father will send in my name, who will teach you all things, and bring to your remembrance all that I have said to you”.
2. The Holy Spirit is the only authorized interpreter of the gospel of Jesus Christ, and the Christ is that which is being interpreted.
3. The Holy Spirit is the third person in the Trinity, the infinite breath of God as the Son is His infinite “Word”.
4. The Holy Spirit is the executive power of both Father and Son, carrying out the creative plan.
5. It is the personality of Being, an emanation, or breath, sent forth to do a definite work.
6. It is the law of God in action; in that action God appears as having individuality.
7. It is the whole Spirit of God. The Holy Spirit comes only to those who earnestly seek Him.

B. Baptism ---

1. In the regeneration, two states of mind are constantly at work. First is the denial or cleansing of all error thoughts. This includes forgiveness for sin committed, a general clearing up of the whole consciousness. Through the power of the word, sense consciousness is cleansed, and made ready for the second baptism. This first state of mind is typified by John the Baptist.
2. In the second baptism, the creative law of divine affirmation, set into action by Mind, lights its fires at the center of our being, and when kindled raises soul and body to a high degree of purity. This process is known as regeneration, and as the outpouring of the Holy Spirit.
3. John the Baptist symbolizes the illumined intellect. He baptized with water. This is a cleansing, purifying process, preparing the individual to discern spiritually.
4. To grow spiritually:
  - a) We are to steadfastly “seek first the kingdom of God and His righteousness”, be willing to “give up the natural man to the divine”, to “put on the Christ”.
  - b) We are to exercise our zeal in spiritual ways. Learn that obedience to Spirit increases our power to control our thoughts, and thus make our world conform to the divine standard.
  - c) We are to understand that from Divine Mind we have inherited power over all ideas. The baptism of the Holy Spirit is a quickening of the spiritual nature, which is then reflected in intellect and in body.

C. Atonement ---

1. Realization means at-one-ment, completion, perfection, wholeness, repose, resting in God.
2. The unfoldment of this realization by Jesus, the Christ consciousness, made him God incarnate, because Christ is the Mind of God individualized. Whoever so loses his personality as to be swallowed up in God becomes Christ Jesus or God-man.

D. Transfiguration ---

1. Transfiguration is always preceded by a change of mind. Our beliefs must be lifted from the material, the physical, to the spiritual.
2. The real object of existence is to bring forth the perfect man, and attain eternal life. It is to attain the consciousness of eternal life, and to manifest all that is potentially involved in us by our Creator.
3. Jesus was lifted up by Peter (faith), James (judgment/wisdom), and John (love). Whenever we dwell upon these virtues and try to live up to them, they are exalted in consciousness, and they go up with us to the Mount of Transfiguration.
4. Do not lose sight of the fact that the whole man must be spiritualized.
5. When the mind is adjusted to the divine law (*“the logical process by which God manifests”*), all the vital forces flow harmoniously, and the aura glows about the body a beautiful white light, protecting it from all discord from without and purifying it continually from within.
6. True prayer brings about an exalted radiation of energy. The word of Truth bursts forth in a stream of light that, when held in mind, illumines, uplifts, and glorifies.

E. Fulfillment ---

1. Jesus proclaimed: “I am the light of the world.” “You are the light of the world.” When he spoke thus, he was speaking of this inner light which gives life and intelligence to all creation. The development of spiritual light is the destiny of us all. We shall not be satisfied until we “awake in his likeness.”
2. Life is a universal energy that moves even the corpuscles of the blood. Jesus tapped the great reservoir of divine life and raised his consciousness of life to that of the Father.
3. The one who wants the inner life to spring forth must believe in the reality of the omnipresent spiritual life, and must exercise his faith by invoking in prayer the Presence of the invisible but omnipresent God.
4. In order to bear much fruit, it is necessary that we abide in the I AM.
5. When the thought or “word” of Truth, from the supreme I AM of consciousness becomes an abiding fact in our mind, we need no longer

strive in external ways. We have but to express a deep desire in the soul and it is fulfilled.

6. The consciousness that we have fulfilled the divine law in both thought and act is the Sabbath. The true Sabbath is when we give ourselves up to meditation (to think about God and Divine Law), to the study of things spiritual, and to commune with God. It is a state of mind that we enter when we go into the silence of our soul, into the realm of Spirit. There we find rest and peace, a perfect stage of one's spiritual unfoldment.

F. Reincarnation ---

1. Everyone who would demonstrate that they have risen with Christ must first lay hold of life by faith, and affirm without wavering that they are raised out of sin and condemnation and death into life eternal. Then the word of life carries on, day by day, the resurrecting, redemptive work in the mind and in the body. In this way the body is transformed and raised up in honor, incorruptible, immortal.
2. It is our place to hold self in a positive life thought, realizing always the omnipresence and perfection of life in God, thus bringing perfect life more and more into manifestation in self and in others, bringing to pass the time when death and the grave will be no more. Live in the consciousness of eternal life, that which has neither end nor beginning.